



**Tamil Nadu Physical Education and Sports University  
Chennai 600 127**

**Criterion 3 – Research, Innovations and Extension**

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***3.4.3 NUMBER OF PH.D. AWARDED***

**PHD AWARD LETTERS**

**(SYNDICATE APPROVAL MINITUES)**



  
Registrar  
Tamilnadu Physical Education  
and  
Sports University  
Chennai - 600 127.

3.4.3

3.4.3 Number of Ph.Ds awarded per recognized guide during the last five years

3.4.3.1: How many Ph.D s were awarded during last 5 years

3.4.3.2 : Number of teachers recognized as guides during the last five years

S.No	Reg.No	Name of the Phd research Scholar	Name of the research Supervisor	Year of registration	Year of completion and Award of PhD
1	A1601PEPM082	SELVA MURUGA MANI S	Dr.P.K.Senthilkumar	11.08.2016	15 <sup>th</sup> July 2020
2	A1401PEPM012	DINAKARA PRASAD M	Dr.S.Thirumalai Kumar	28.10.2014	29 <sup>th</sup> July 2020
3	A1601PEFM089	HARIGARAN D	Dr.S.Thirumalai Kumar	02-03.2017	30 <sup>th</sup> July 2020
4	A1601PEFM099	GANESH KUMAR T	Dr.P.K.Senthilkumar	06.04.2017	19 <sup>th</sup> August 2020
5	F1701PEFM117	KARTHIKEYAN N	Dr.S.Thirumalai Kumar	14.09.2017	07 <sup>th</sup> September 2020
6	391	KARTHIKEYAN K	Dr.P.Rajinikumar	21.12.2012	07 <sup>th</sup> September 2020
7	A1401PEFM002	PURUSHOTHAMAN R	Dr.P.Rajinikumar	13.10.2014	08 <sup>th</sup> September 2020
8	A1401PEFM001	KALAISELVAN R	Dr.P.Rajinikumar	13.10.2014	09 <sup>th</sup> September 2020
9	157	SIBY THOMAS	Dr.I.Lilly Pushpam	29.06.2010	18 <sup>th</sup> December 2020
10	F1701PEPM118	MAHABOOB BASHA U	Dr.S.Manikandan	22.9.2017	28 <sup>th</sup> December 2020
11	A1601PEFM092	JAMAL SHERIF G F	Dr.S.Thirumalai Kumar	06.03.2017	8 <sup>th</sup> January 2021
12	F1701PEPM115	SAJEED K P	Dr.S.Manikandan	18.08.2017	23 <sup>rd</sup> June 2021
13	145	SEMMAL SYED MEERASA	Dr.Shahin Ahmed	30.09.2009	9 <sup>th</sup> January 2020

14	A1401SPFM017	LAKSHMAN KUMAR M	Dr. Shahin Ahmed	15.10.2014	7 <sup>th</sup> February 2020
15	168	IRUDHAYARAJ N	Dr. Shahin Ahmed	21.06.2010	24 <sup>th</sup> October 2020
16	A1501SPFW043	SRIVIDHYA S	Dr. Shahin Ahmed	26.03.2015	29 <sup>th</sup> October 2020
17	A1501YOFM050	PATTABI S	Dr. S. Selvalakshmi	05.2.2016	24 <sup>th</sup> January 2020
18	A1601YOFM103	DEB KUMAR DAS	Dr. S. Selvalakshmi	27.04.2017	11 <sup>th</sup> November 2020
19	A1601YOFM090	HARIKRISHNAN J	Dr. S. Selvalakshmi	02.03.2017	18 <sup>th</sup> November 2020
20	A1701YOFM123	LOGANAYAGI S	Dr. V. Duraisami	22.11.2017	18 <sup>th</sup> February 2021
21	A1601EPPM101	SONA SANTHAKUMARI G	Dr. Grace Helina	27.04.2017	10 <sup>th</sup> July 2020
22	A1401EPPM037	JAYANTHI V	Dr. V. Murugulavan	22.12.2014	20 <sup>th</sup> August 2020
23	F1501STPW044	ELUMALAI G	Dr. R. Ramakrishnan	06.04.2015	18 <sup>th</sup> February 2021
24	A1601PEFM078	YASHWANTHA REDDY B	Dr. I. Lilly Pushpam	08.08.2016	3 <sup>th</sup> August 2021
25	F1501PEPM039	GIRINATHAN M	Dr. I. Lilly Pushpam	25.03.2015	18 <sup>th</sup> August 2021
26	A1401PEPM007	ELIAS T	Dr. Grace Helina	17.10.2014	3 <sup>rd</sup> January 2022
27	290	MEENA G	Dr. R. Venkatesan	14.10.2011	28 <sup>th</sup> January 2022
28	F1701PEPM113	IRSHAD HASSAN C	Dr. K. Kannadasan	24.8.2017	2 <sup>nd</sup> March 2022
29	F1801PEFM155	THENNILAVU G	Dr. S. Thirumalai Kumar	18.08.2017	8 <sup>th</sup> March 2022
30	374	KOSHY ALEXANDER VAIDYAN	Dr. S. Thirumalai Kumar	25.04.2012	9 <sup>th</sup> March 2022
31	F1401PEFM005	RAJKUMAR M	Dr. P. Rajinikumar	13.10.2014	11 <sup>th</sup> March 2022



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32	F1601PEPW079	DHANALAKSHMI C	Dr.P.K.Senthilkumar	10.8.16	18 <sup>th</sup> March 2022
33	F1801PEFM154	MOORTHY M	Dr.S.Manikandan	19.03.2019	21 <sup>st</sup> March 2022
34	F1901PEFM175	PRASANNA M	Dr.S.Manikandan	09.08.2019	21 <sup>st</sup> March 2022
35	F1701PEPM112	SANGEETHA K	Dr.K.Kannadasan	26.7.2017	18 <sup>th</sup> April 2022
36	F1801YOFM131	VIDHYA SHANKARI S	Dr.S.Selvalakshmi	30.07.2018	22 <sup>nd</sup> October 2021
37	A1701YOFM127	HEMAMALINI M	Dr.V.Duraisami	05.02.18	18 <sup>th</sup> February 2022
38	A1701STPW114	VIKAS MALIK	Dr.R.Ramakrishnan	26.7.2017	11 <sup>th</sup> October 2022
39	F1601PEW077	NAGAMUNI BOKKASAM	Dr.I.Lilly Pushpam	08.08.2016	21 <sup>st</sup> April 2022
40	139	MUTHUVENKATA SUBRAMANIAN N	Dr.V.Mangaiyarkarasi	24.09.2009	6 <sup>th</sup> May 2022
41	A1701YOPM124	ANANTHAN PILLAI S	Dr.V.Duraisami	22.11.2017	18 <sup>th</sup> May 2022
42	A1701SMFW122	MADHU SUDHAN SUBEDI	Dr.S.Prem Kumar	21.11.2017	17 <sup>th</sup> June 2022
43	A1901PEFM185	KEERTHANA V	Dr.P.Kumaravelu	20.03.2020	20 <sup>th</sup> July 2022
44	F1801PEPM156	HARIS BABU K S	Dr.S.Manikandan	18.03.2019	21 <sup>st</sup> July 2022
45	F1601PEPW083	SHIHABUDHEEN PAIKARATHODI	Dr.I.Lilly Pushpam	12.08.2016	03 <sup>rd</sup> August 2022
46	F1801PEFM152	SATHISH KUMAR H	Dr.S.Thirumalai Kumar	18.03.2019	08 <sup>th</sup> August 2022
47	F1801STPW141	NITHYA N	Dr.G.Nallavan	31.08.18	16 <sup>th</sup> August 2022
48	F1801PEFM157	APPU T	Dr.S.Manikandan	26.03.2019	21.04.2023
49	F1801YOPM135	C Ganesan	Dr.S.Selvalakshmi	10.08.18	01.09.2023



**Item No. 26**

To consider and approve the award of Doctor of Philosophy (Ph.D.,) Degree of various departments of Tamil Nadu Physical Education and Sports University based on their performance in the Public Viva-Voce and online Viva-voce Examination held on various dates as recommended by the External Examiners and Research Supervisor (Guide).

S. N	Reg No	Name of the Candidates	Title	Guide Name	Date of Viva-voce & Result
1	111	Mrs. J.V. Sureshka	Influence of Menstrual Cycle Phases on Selected Motor Ability Components and Physiological Variables between High and Low Performers of Kho-Kho Players	Dr. P. Samraj, Prof & Head (Perd). 297c, Kothangudi Thoppu Natarajapuram Road, Near Almighty Gym, Annamalai Nagar, Chidambaram.	08.01.2020 at 12.30 p.m. Administrative Building, TNPESU, Chennai
2	145	Mr. Semmal Syed Meerasa	Relationship between Psychological Parameters and Inflammatory Biomarker C Reactive Protein Among Sports and Non Sports Personnel	Dr. Shahin Ahmed, Prof. Department of Sports Management, Sports Psychology and Sociology, TNPESU	09.01.2020 at 12.30 p.m. Administrative Building, TNPESU, Chennai
3	A1 501 YO FM 050	Mr. S. Pattabi	Impact of A. tanga Yoga with and Without Super Brain Yoga on Selected Behavioural Cognitive and Socio-Psychological Parametres among Urban School Boys Learning Disabilities	Dr. S. Selvalakshmi, Asst. Prof & Head i.e., Department of Yoga, TNPESU	24.01.2020 at 02.30 P.M. Administrative Building, TNPESU, Chennai 127
4	A1 401 SPF MO 17	M. Lakshman kumar	Impact of Counseling and Life Skills Training on Psychosocial and sports performance among Amateur Tennis Players	Dr. Shahin Ahmed, Professor, Department of Sports Management and Sports Psychology & Sociology, TNPESU	07.02.2020 at 03.00 P.M. Administrative Building, TNPESU, Chennai 127

5	AI 501 SC PM 071	Mr. S. Umashankar	Isolated and Combined Effect of Randori and Uchikomi Training on Selected Anthropometrical Psychological and Performance Variables Among Junior State Level Judo KA's.	Dr. R. Subramanian, Prof (Retd), Department of Advanced Sports Training and Technology, TNPESU	18.02.2020 at 12.30 P.M. Administrative Building, TNPESU, Chennai 127
6	AI 503 PE FM 05 8	Mr. S. Arivazhagan	Effect of Specific Training Programme on Selected Motor Coordinative Psychological and Skill Performance of variables of Men Tennis Player	Dr. VST Saikumar, Principal & Secretary, Maruthi College of Physical Education, SRKV Post, Coimbatore	24.02.2020 at 11.00 a.m. Maruthi College of Physical Education, SRKV Post, Coimbatore
7	AI 403 PE PM 031	Mr. M. Prabu	Combined and Individualized Effect of Kalari and Sport Specific Training on Selected Physical Fitness Physiological variables and Playing Ability of Kabaddi Players	Dr. VST Saikumar, Principal & Secretary, Maruthi College of Physical Education, SRKV Post, Coimbatore	13.03.2020 at 11.00 a.m. Administrative Building, TNPESU, Chennai 127
8	343	Mr S. Loganathan	Effect of Strength - Endurance and concurrent Training on selected bio-motor and bio-chemical variables middle distance runners	Dr. S. Gladhy Kirubakar, Asst. Prof, YMCA College of Physical Education, Nandanam, Chennai	13.03.2020 at 12.00 Noon. Administrative Building, TNPESU, Chennai 127
9	AI 601 EP FM 101	Ms. G. Sona Santhakumari	Effect Floor Aerobic Exercises with and without Low Glycemic Diet on Physical Physiological Biochemical and Hematological Variables Among Male Type II Diabetic Mellius	Dr. Grace Helina, Prof & Head, Department of Exercise Physiology and Biomechanics, TNPESU	10.07.2020 ONLINE
10	AI 601 PE PM 082	Mr. S. Selva Murugan Mani	Influence of Resistance Cardiovascular and Concurrent Training on Selected Health Related Physical Fitness and Cardiopulmonary Parameters Among Middle Aged Men	Dr. P.K. Senthilkumar, Assistant Professor, Department of Exercise Physiology and Biomechanics, TNPESU	15.07.2020 ONLINE

50<sup>th</sup> Syndicate Meeting - 29.07.2020 (Wednesday) - 03.00 p.m.

MINUTES

11	A1 502 PE PM 045	Ms. D. Naveena Priya	Analysis of Perceived Barriers to Physical Activity and Influence of Aerobic and Traditional Dances on Physical Health and Behavioural Regulation Among Female Adolescents	Dr. J. Glory Darling Margaret, Principal I.c., YMCA College of Physical Education. Nandanam. Chennai.	22.07.2020 ONLINE
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Resolved to approve the same. It was suggested that more foreign adjudicators from 'highly ranked Universities' shall be listed in the panel to avoid repetition of foreign examiners.

Item No. 27

To Consider and approve the Policies to be adopted by the University

## AGENDA No. - 9

To consider and approve the award of Doctor of Philosophy (Ph.D.,) Degree of various departments of Tamil Nadu Physical Education and Sports University based on their performance in the Public Viva-Voce and online Viva-voce Examination held on various dates as recommended by the External Examiners and Research Supervisor (Guide).

### NOTES

The research scholars of this University have successfully completed the viva-voce examination for the award of Ph.D., of various departments of this University as detailed below: -

S. N	Reg No	Name of the Candidates	Title	Adjudication of the Foreign Examiner	Guide Name	Examiner	Date of Viva-voce & Result
1	A1 401 PE PM 012	Mr. M. Dinakara Prasad	Effect of Indian Indigenous Exercise Programme With And Without Nutritional Counselling On Selected Health Related Physical Fitness And Physiological Variables Among Obese Engineering College Students	Dr. Mohinder Rana, 67, Wiltshire Drive, COMMACK, New York 11725, USA.  Commended	Dr. S. Thirumalai Kumar, Professor, Department of Physical Education, TNPESU, Chennai 127.	Dr. J. Jackson Sutharsingh, Assistant Professor, YMCA College of Physical Education, Nandanam, Chennai - 35	29.07.2020 at 11.30 a.m. through online
2	A1 601 PE FM 089	Mr. D. Harigaran	Prediction of Swimming Performance Based On Selected Anthropometric And Somotyping Variables Among State Level Swimmers	Dr. Larion Alin, Faculty of Physical Education and Sports, Ovidius University of Constanta, STR- CPT-AV-AL, Serbanescu, Nr.1, RO-900470, Constanta, Fuel Constanta, Romania, Europe.  Commended	Dr. S. Thirumalai Kumar, Professor, Department of Physical Education, TNPESU, Chennai 127.	Dr. P. Anbalagan, Professor, Dept. of Physical Education, Bharathiar University, Coimbatore	30.07.2020 at 11.30 a.m. through online

53<sup>rd</sup> Syndicate Meeting -

3	A1 402 PE PW 026	Ms. A. Jemima	Effect of Varied Physical Exercises on Selected Physical Physiological Psychological and Biochemical Variables in Geriatric Men	Dr. Lee Jong Young Professor Dean College of Phy. Education, The University of Suwon, Wauri, Bongdam - Eup, Hwa-Sung city, Gyunggi-Do, South Korea	Dr. K. Jothi, Associate Professor, YMCA College of Physical Education, Nandanam, Chennai, 600035	Dr. D. Presanna Balaji, Head and Director, Research Dept. of Physical Education and Sports, National College, Trichirappalli - 620 001	31.07.2020 at 11.00 a.m through online
					Commended		
4	A1 504 PE FM 067	Mr.S. Bala Sankar	Effect of Jump Rope Functional Stability and Combined Training on Selected Motor Fitness Components Among Kabaddi Players	Dr. Syed Ibrahim, Professor, Physical Education Dept., King Fahd University of Petroleum and Minerals, P.O. Box 1809, Dhahran 31261, Saudi Arabia.	Dr. R.Thanalakshmi, Associate Professor, Dr. Sivanthi Aditanar College of Physical Education, Trichendur	Dr. S. Johnson Premkumar, Assistant Professor, YMCA College of Physical Education, Nandanam, Chennai - 600035.	04.08.2020 at 11.00 a.m through online
					Commended		
5	A1 504 PE PM 068	Mr. P. Selvakumar	Effect of Agility Ladder Plyometrics and Combined Training on Selected Game Specific Fitness Variables Among Football Players	Dr. Nicholas K Bailasha, University of Nairobi, College of Education and External Studies Kikuyu Campus P.O.Box - 30197-00100 Nairobi, Kenya.	Dr. R. Thanalakshmi, Associate Professor, Dr. Sivanthi Aditanar College of Physical Education, Trichendur	Dr. Jackson Suthar Singh, Assistant Professor and Controller of Examination YMCA College of Physical Education Nandanam, Chennai - 35	04.08.2020 at 03.00 p.m through online
					Commended		
6	348	Mr. N. Srinivasan	Enhancement of Functional Fitness Among Older Adults by Functional Training	Dr. S. Sabaanath, Sports Science Unit, University of Jaffna, Post Box: 57, Thirunelvely, Jaffna- 4000, Sri Lanka.	Dr. A.S. Nageswaran, Associate Professor, Dept. of Physical Education & Research, H.H. The Rajah's College (Autonomous), Pudukkottai-622001	Dr. V. Mahadevan, Director & Prof., Dept. of Physical Education, University of Madras, 85/86, Spartank Road, Chetpet, Chennai.	05.08.2020 Through online
					Commended		

53<sup>rd</sup> Syndicate Meeting -

7	401	Mr. M. Raja	Effect Of Yogic Practices With And Without Diet Modifications On Selected Physiological Variables Among Stressed Government School Men Teachers	Dr. RAKESH TOMAR, Professor, Department of Physical Education, KEUPM Box No. 1271, King Fahd University of Petroleum and Minerals Dhahran 31261, Saudi Arabia	Dr. V. Gopinath, Registrar, TNPESU, Chennai-127	Dr. S. Madialagan Professor, Department of Physical Education, University of Mysore, Mysore - 570005	14.08.2020 Through online
				Commended			
8	A1 401 PE PM 009	Mrs. S. Ramya	Effect Of Traditional Training And Game Specific Training On Selected Motor Fitness Skill Performance Variable And Playing Ability Of Football Players	Dr. Larion Alin, Faculty of Physical Education and Sports, Ovidius University of Constanta, STR-CPT-AV-AL, Serbanescu, Nr.1, RO-900470, Constanta, FUEL Constanta, Romania, Europe	Dr. Amsa Natarajan, 1/127-1, Thoopukkadu Fairlands, Salem-636 016	Dr. P. Anbalagan, Professor, Dept. of Physical Education, Bharathiar University, Coimbatore - 641046	14.08.2020 Through online
				Commended			
9	A1 601 PE FM 099	Mr. T. Ganesh Kumar	Impact of Specific Skill and Neuromuscular Training on Selected Physical Physiological and Skill Related Variables Among State Level Male Junior Badminton Players	Dr. T. Inaobi Singh, Associate Professor, Dept. of Physical Education and Sports Science, Manipur University, Canchipur-795003	Dr. P. K. Senthilkumar, Assistant Professor, Department of Exercise Physiology and Biomechanics, TNPESU, Chennai 127	Dr. A. Mahaboobjan Professor and Head, Department of Physical Education, Bharathidasan University, Palkalaiperur, Trichy - 620 024.	19.08.2020 Through online
				Commended			
10	A1 401 EP PM 037	Ms. V. Jayanthi	Analysis of Selected Body Composition Physiological Biochemical and Nutritional Status Among Qatar Women	Dr. Hayri Ertan, Associate Prof & Head of Dept, Faculty of Sports Sciences, Anadolu University, Coaching Education Department, Istanbul, Turkey	Dr. V. Murugavalavan Assistant Professor cum Medical Officer TNPESU, Chennai 127	Dr. P. Kaleeswaran, Associate Prof., Alagappa University College of Physical Education, Alagappa University, Karaikudi	20.08.2020 Through online
				Commended			

53<sup>rd</sup> Syndicate Meeting -

11	A1 402 PE PM 027	Mr. R. Manojkumar	Effect of Tai Chi and Yogic Practices with and Without Green Tea Supplementation on Selected Health Related Physical Fitness and Biochemical Variables Among Obese Men	Dr. LarionAlin, Ph.D. Professor, Ovidius University of Constanta, Faculty of Physical Education and Sports, STR. CAP. Av. Al. Serbanescu NR.1, RO-900470, Constanta, Romania, Europe	Dr. K. Jothi, Associate Professor, YMCA College of Physical Education, Nandanam, Chennai - 600035	Dr. K. Murugavel, Professor and Director, Dept. of Physical Education, Bharathiar University, Coimbatore - 641046	31.08.2020  Through online
	Commended						
12	A1 503 PE FM 057	Mr. Y. Srinivasaulu	Effect of Varied Packages of Physical Training on Selected Motor Fitness Components Body Composition and Physiological Variables of School Level Volleyball Players	Dr. (Mrs.) Bhavani Ahilan, Head, Sports Science Unit, University of Jaffna, B.O.Box 57, Tirunelvely, Jaffna, Sri Lanka.	Dr.E. Amudhan Asst. Professor, Maruthi College of Physical Education, SRKV Post, P.N.Palayam, Coimbatore 641020.	Dr. N. Bright Selvakumar, Principal Christian College of Physical Education, Nagercoil-3.	02.09.2020  Through online
	Commended						
13	289	Mr. Anoop Sebastian	A Study on the role of sports Clubs in Promoting the Volleyball and Football in the Malabar Region of Kerala State	Dr.Abdussalam Lannaiyan, Faculty in Physical Education King Fahd University, Dhahran Saudi Araba	Dr. N. Bright Selvakumar, Principal Christian College of Physical Education, Nagercoil-3.	Dr. K. Usha Rani, Professor, Dept. of Physical Education, Alagappa University, 9-2,34H Gurunathan Koil East Street, Sriram Nagar, Kootaiyur, Karaikudi.	03.09.2020 Through online
	Commended						

53<sup>rd</sup> Syndicate Meeting -

14	F17 01P EF M1 17	Mr. N. Karthikeyan	Prediction of Playing Ability in Volleyball from Selected Kinanthropometric Motor Fitness Psychological and Game Skill Variables Among Intercollegiate Level Players	Dr. Larion Alin, Faculty of Physical Education and Sports, Ovidius University of Constanta, STR- CPT-AV-AL, Serbanescu, Nr.1, RO-900470, Constanta, Fuel Constanta, Romania, Europe	Dr. S. Thirumalai Kumar, Professor, Department of Physical Education, TNPESU, Chennai 127	Dr.M. Elayaraja Professor, Department of Physical Education and Sports Pondicherry University, R V Nagar, Kalapet, Pondichery	07.09.2020  Through online
					Commended		
15	391	Mr. K. Karthikeyan	Influence Of Selected Performance Related Fitness Anthropometric Biomechanical And Psychological Variables On Sprint Performance Among Elite Sprinters	Dr. Ibrahim Hassan, Professor, Johannes Gutenberg University Mainz, Institute of Sports Science, Department of Movement and Training Science, Albert- Schweitzer-Street Germany	Dr. P. Rajinikumar, Assistant Professor, Dept. of Exercise Physiology and Biomechanics, TNPESU, Chennai 127	Dr.M. Elayaraja Professor, Department of Physical Education and Sports, Pondicherry University, R V Nagar, Kalapet, Pondichery - 605 014.	07.09.2020  Through online
					Commended		
16	A1 401 PE FM 002	Mr. R. Purushothaman	Analysis Of Biomechanical Variables In Relation To Sprinting Performance	Dr. S. Sabaanath, Sports Science Unit, University of Jaffna, Post Box: 57, Thirunelvely, Jaffna- 4000, Sri Lanka.	Dr. P. Rajinikumar, Assistant Professor, Dept. of Exercise Physiology and Biomechanics, TNPESU, Chennai 127	Dr. Jackson Suthar Singh, Assistant Professor and Controller of Examination YMCA College of Physical Education Nandanam, Chennai - 35	08.09.2020  Through online
					Commended		
17	A1 401 PE FM 001	Mr. R. Kalaiselvan	Analysis of Dominant Factors in Goalkeeping Ability Among Field Hockey Goalkeepers	Dr.D. Mathivanan Associate Professor Dept. of Sports Science College of Natural & Computational Sciences, Mekelle University Mekelle, Tigray Region,	Dr. P. Rajinikumar, Assistant Professor, Dept. of Exercise Physiology and Biomechanics, TNPESU, Chennai 127	Dr. D. Maniazhagu, Assistant Professor, Department of Physical Education and Health Science, Alagappa University Karaikudi.	09.09.2020  Through online
					Commended		

53<sup>rd</sup> Syndicate Meeting -

18	A1 401 AT PM 015	Ms. C.D. Inbarani	Analysis of Fitness Profile and Sports Performance of World Beaters Athletes in Tamil Nadu	Dr. Mohinder Rana, Acquatic Director, LIC YMCA 32-33, Queens Building, New York.  Commended	Dr. C. Arumugam, Asst. Professor, Dept. of Advanced Sports Training and Technology, TNPESU	Dr. P.V. Shelvam, Professor in Physical Education, Annamalai University, Chidambaram	23.09.2020 11.00 a.m.  Through online
19	134	Mr. T. Easwaran	Effect if different packages of Yogic Practices on Selected Physiological Bio-chemical and Psychological Among obese men	Dr. RAKESH TOMAR, Professor, Department of Physical Education, KEUPM Box No. 1271, King Fahd University of Petroleum and Minerals Dhahran 31261, Saudi Arabia  Commended	Dr. R. Elangovan, Prof & Head, Faculty of Yoga Sciences & Theraphy, Meenakshi Academy of Higher Education and Research , K.K. Nagar, Chennai	Dr. Ch. VST Saikumar, Principal & Secretary, Maruthi College of Physical Educaiton, Coimbatore	24.09.2020 Through online
20	F16 01P EP W0 75	Mr. Wilson Joseph Tharayil	Effect of Yoga and Structured Physical Exercise on Selected behavior variables among attention deficit Hyperactive disordered boys	Dr. Aschenaki Taddene, Professor, Addis Ababa University, PO Box 130207, Ethioipia  Commended	Dr. A.M. Moorthy, Former Vice-Chancellor, TNPESU, Chennai	Dr. P. Anabalagan, Professor, Dept of Physical Education, Bharathiar University, Coimbatore	06.10.2020 at 12.00 Noon Through online
21	258	Mr. K. Gopinath	Effects of Selected Yogic Practices on Selected Physical Psychological and Performance Variables among State Level Cricket Players	Dr. Kaukab Azeem, Physical Education Department, King Fahd University of Petroleum & Minerals, P.B. no 1809, Dharan 31261, Saudi Arabia  Commended	Dr. A.M. Moorthy, Former Vice-Chancellor, TNPESU, Chennai	Dr. A. Palanisamy, Professor, Dept of Physical Education, Bharathidasan University, Tiruchirappalli	07.10.2020 at 12.00 Noon Through online
22	296	Mr. S. Arun	Technical and Tactical Optimizati on Factors in High Performance Judo – A critical performance evaluation of Indian Male and Female judokas in National competitions	Dr. (Mrs.) Bhavani Ahilan, Head, Sports Science Unit, University of Jaffna, B.O.Box 57, Tirunelvelly, Jaffna, Sri lanka.  Commended	Dr. M. Rajkumar, Professor, Department of Physical Education, Bharathiar University, Coimbatore.	Dr. Amsa Natarajan, 1/127-1, Thoopukkadu Fairlands, Salem-636 016	21.10.2020 at 11.00 a.m. Through online

53<sup>rd</sup> Syndicate Meeting -

23	362	Ms. Namrata Raj	Effect of varied Integrated modules of Yogic Practices on Selected Physiological and Psychological Variables Among Men and Women suffering with Psycho-Physiological Disorders (Chronic Obstrutive Pulmonary Disease)	Dr. Larion Alin, Ph.D. Professor, Ovidius University of Constanta, Faculty of Physical Education and Sports, STR. CAP. Av. Al. Serbanescu NR.1, RO-900470, Constanta, Romania, Europe	Dr. A.M. Moorthy, Former Vice-Chancellor, TNPESU, Chennai	Dr.A. Mahaboobjan Professor and Head, Department of Physical Education, Bharathidasan University, Palkalaiperur, Trichy - 620 024.	21.10.2020 at 12.00 Noon, Through online
				Commended			
24	168	Mr. N. Irudhayaraj	Impact of Self Regulatory Techniques and Yogic Practices on Psychological and Performance Aspects among Men Hockey Players	Dr. Syed Ibrahim, Professor, Physical Education Dept., King Fahd University of Petroleum and Minerals, P.O. Box 1809, Dhahran 31261, Saudi Arabia.	Dr. A. Shahin Ahmed, Professor, Dept of Sports Management and Psychology & Sociology, TNPESU	Dr. R. Subhashini, Department of Counselling Psychology, School of Social Sciences, Madras School of Social Work, Casa Najor road, Sulaiman Sackria Avenue, Egmore, Chennai.	24.10.2020 at 10.30 a.m. Through online
				Commended			
25	A1 501 SPF W0 43	Ms. S. Srividhya	Effect of Tai Chi and Mindfulness based Cognitive Therapy on conduct disorders among early adolescent boys	Dr. B.L. Dubey, Life Coach and Adjunct Faculty, Director Dubai Healing Centre, Editor Emeritus, SiS, Journal of Proj Psy & Mental Health 7490 Coon Club Road, Medina OH 44256	Dr. A. Shahin Ahmed, Professor, Dept of Sports Management and Psychology & Sociology, TNPESU	Dr. Sibnath Deb, Professor, Department of Applied Psychology, Pondicherry University, Pondicherry	29.10.2020 at 03.30 a.m. Through online
				Commended			
26	A1 601 YO FM 103	Deb Kumar Das	Effect of Yogic Practices with and without Panchakarma Therapy on Selected Risk Factors Among Men With Low Back Pain	Dr. Subbulakshmi Velusamy, Asst Prof of Yoga, India China Yoga College, Yunnan Minzu University, China	Dr. S. Selvalakshmi, Asst. Prof & Head i/c., Department of Yoga, TNPESU	Dr. R. Elangovan, Prof & Head, Faculty of Yoga Sciences & Therapy, Meenakshi Academy of Higher Education and Research, K.K. Nagar, Chennai	11.11.2020 at 11.00 a.m. Through online
				Commended			

53<sup>rd</sup> Syndicate Meeting -

27	F16 01P EF W0 76	C. Govardhan	Appraisal of Selected Anthropometric Physical Fitness Physiological and Psychological Profile of Inter Collegiate Athletes	Dr. S. Viswanathan, Senior Sports Biomechanics, Kolalumbur Commended	Dr. P. Gopinathan, Guide and Supervisor, Asst. Prof (Retd), Department of Sports Management and Sports Psychology & Sociology, TNPESU	Dr. M. Rajasekaran, Professor, Dept of Physical Education, Annamalai University, Chidambaram	12.11.2020 at 12.00 Noon. Through online
28	A1 601 YO FM 090	J. Harikrishnan	Efficacy of Yogic Practices with and without Diet Modification on Selected Neuromuscular Ophthalmological and Psychological Parametres among School Children with Myopia	Dr. Kaukab Azeem, Physical Education Department, King Fahd University of Petroleum & Minerals, P.B. no 1809, Dharan 31261, Saudi Arabia Commended	Dr. S. Selvalakshmi, Asst. Prof & Head i/c., Department of Yoga, TNPESU	Dr. V. Mahadevan Director & Professor, Department of Physical Education, University of Madras, Chennai	18.11.2020 at 11.00 a.m. Through online
29	A1 503 PE FM 069	Attitala Ramaiah	Isolated and Combined Effect of Aerobic Dance and Yogic Practices on Selected Physical Fitness Coordinative Abilities Psychomotor and Respiratory Parameters of School Boys	Dr. Lee Jong Young Professor Dean College of Phy. Education, The University of Suwon, Wauri, Bongdam - Eup, Hwa-Sung city, Gyunggi-Do, South Korea Commended	Dr. E. Amudhan Asst. Professor, Maruthi College of Physical Education, SRKV Post, P.N. Palayam, Coimbatore 641020.	Dr. N. Bright Selvakumar, Principal Christian College of Physical Education, Nagercoil-3.	16.12.2020 at 11.00 a.m. Through online
30	157	Siby Thomas	Effect of isolated and Combined Strength and Endurance Training on Selected Anthropometric Physical and Physiological Variables of College Women	Dr. Larion Alin, Faculty of Physical Education and Sports, Ovidius University of Constanta, STR-CPT-AV-AL, Serbanescu, Nr.1, RO-900470, Constanta, Romania, Europe Commended	Dr. I. Lillypushpam, Assistant Professor, Department of Physical Education, TNPESU	Dr. A. Shenbagavalli Principal, Mother Teresa College of Physical Education, Mettusalai, Illuppur (Post), Pudukkottai District-622102	18.12.2020 at 11.00 a.m. Through online

53<sup>rd</sup> Syndicate Meeting -

31	F17 01P EP M1 18	U. Mahaboob Basha	Effect of Specific Skill Training and Small Sided Games on Selected Motor Fitness Psychological and Skill Performance Variables Among Football Players	Dr. Sisay Mengistu Alemu, Associate Professor, Sports Sciences Research and Post Graduate Coordinators, College of Natural and Computational Science, Hawassa University <i>Commended</i>	Dr. S. Manikandan, Professor & Head, Department of Physical Education, TNPESU	Dr. M. Rajasekaran, Professor, Dept of Physical Education, Annamalai University, Chidambaram	28.12.2020 at 11.30 a.m. Through online
32	302	Sandeep Sunny	Multiperspective Analysis on Coaching Behaviour with Respect of Age, Gender & Playing Sport	Dr.D. Mathivanan Associate Professor Dept. of Sports Science College of Natural & Computational Sciences, Mekelle University Mekelle, Tigray Region, <i>Commended</i>	Dr. M. Rajkumar, Professor, Department of Physical Education, Bharathiar University, Coimbatore.	Dr. D. Maniazhagu, Assistant Professor, Department of Physical Education and Health Science, Alagappa University Karaikudi.	30.12.2020 at 12.00 Noon. Through online
33	A1 601 PE FM 092	Jamal Sherif G.F	Effect of Traditional and Computer Assisted Fitness Training on Selected Health Related Fitness Variables and Coordinative Abilities among Hearing Impaired Students	Dr. K. Katheeswaran, Head, Sports Science Unit, University of Jaffna, Srilanka <i>Commended</i>	Dr. S. Thirumalaikum ar, Professor Department of Physical Education, TNPESU	Dr. P. Anbalagan, Professor, Dept. of Physical Education, Bharathiar University, Coimbatore	08.01.2021 at 11.00 a.m. Through online
34	F15 01S TP W0 44	Mr. G. Elumalai	Wireless Sensor Network (WSN) based Analysis of Healthcare and Movement Parametres for the Horizontal Distance Event – Javelin	Dr. Firoz Alam, Professor, School of Engineering, RMIT University, Australia <i>Commended</i>	Dr. R. Ramakrishnan, Professor, Dept. of Advanced Sports Training and Technology, TNPESU	Dr. V. Jawahar Senthilkumar, Professor, Department of Electronics Engineering, Anna University, Chennai	18.02.2021 at 11.00 a.m. Through online
35	A1 701 Y0 FM 123	Ms. S. Loganayagi	Effect of Yogic Practices with and without diet modifications on selected risk factors among polycystic	Dr. Madya Oleksandr Krasilshchikov, Professor, School of Health Sciences, USM	Dr. V. Duraisami Asst. Professor, Department of Yoga, TNPESU	Dr. V. Mahadevan, Director & Prof., Dept. of Physical Education, University of	18.02.2021 at 12.00 Noon Through online

53<sup>rd</sup> Syndicate Meeting -

			every syndrome Adults	Health Campus, Malaysia Commended		Madras, 85/86, Spartank Road, Chetpet, Chennai.	
36	F16 03P EP M0 87	Mr.S. Muniraj	Effect of varied combinations of Aerobic and Anaerobic Training with Game Specific Drills on Selected Motor Fitness Physiological Body Composition and Skill Performance Variables of Field Hockey Players	Dr. Aschenaki Taddene, Professor, Addis Ababa University, Ethiopia Commended	Dr. VST Saikumar, Principal & Secretary, Maruthi College of Physical Education, Coimbatore	Dr. STN Rajeswaran, Professor & Dean, Department of Physical Education, Bharathiar University, Coimbatore	19.03.2021 at 12.00 Noon Through online
37	A1 403 PE PM 036	V. Mallikarjuna Reddy	Effect of Isolated Resistance Training Swiss Ball Training and Aerobic Dance on Selected Physical Fitness Physiological and anthropometrical variables of College level over weight men	Dr. D. Mathivanan, Associate Professor, Ryalaseema College of Physical Education, Andra Pradesh. Commended	Dr. E Amudhan, Assistant Professor, Maruthi College of Physical Education, Coimbatore	Dr. N. Bright Selvakumar, Principal, Christian College of Physical Education, KP Road, Nagerkoil	09.04.2021 at 11.00 a.m. Through online
38	269	N. Manikandan	Influence of Vethathiri Maharishi's Yoga Techniques on Selected Physiological, Psychological and Hematological Variables among diabetic Patients	Dr. Lee Jong Young Professor Dean College of Phy. Education, The University of Suwon, Wauri, Bongdam - Eup, Hwa-Sung city, Gyunggi-Do, South Korea Commended	Dr. K. Chandrasekaran Prof & Head, Department of Physical Education, Madurai Kamaraj University, Madurai.	Dr. VST Saikumar, Principal & Secretary, Maruthi College of Physical Education, Coimbatore	27.05.2021 at 11.00 a.m. Through online
39	F17 01P EP M1 15	Mr. Sajeed KP	Efficacy of Sand and Aquatic Training on Bio-motor Physiological and Skill Performance Variables of Lakshadweep Badminton Players	Dr. Kuo Chia Hua, Dean, College of Kinesiology University of Taipei, Taiwan Commended	Dr. S. Manikandan, Prof & Head, Department of Physical Education, TNPESU	Dr. A. Mahaboobjan Professor and Head, Department of Physical Education, Bharathidasan University, Palkalaiperur, Trichy	23.06.2021 at 02.00 p.m.s Through online

The above matter is placed before the Syndicate for consideration and approval.



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54<sup>th</sup> Syndicate Meeting - 20.05.2022 (Friday) -03.00 p.m.

MINUTES

**AGENDA NO. -11**

To consider and approve the award of Doctor of Philosophy (Ph.D.,) Degree of various departments of Tamil Nadu Physical Education and Sports University based on their performance in the Public Viva-Voce and online Viva-voce Examination held on various dates as recommended by the External Examiners and Research Supervisor (Guide) based on the report of the Controller of Examinations i/c., Tamil Nadu Physical Education and Sports University:

S. N	Reg No	Name of the Candidates	Title	Guide Name	Examiner	Date of Viva-voce
1	A16 01P EF M0 78	B. Yashwantha Reddy	Effect of Physical Exercises Fartlek and Combined Training on Selected Physical Physiological and Psychological variables Among Men Trainee Sub Inspectors of Andhra Pradesh	Dr I. Lilly Pushpam, Associate Professor, Department of Physical Education, TNPESU, Chennai - 127.	Dr. D. Sultana, Professor, Dept. of Physical Education, Pondicherry University, Kalapet- 605014 Puducherry.	03.08.2021
2	F17 02P EF M1 09	P. KAVIRAJ	"Isolated and combined effect of submaximal and maximal training on selected motor abilities physiological and skill related performance variables among football players"	Dr J Jackson Sutharsingh, Assistant Professor, YMCA College of Physical Education, Chennai - 35	Dr. M Rajkumar, Professor, Department of Physical Education, Bharathiar University, Coimbatore - 46.	13.08.2021
3	F15 01P EP M0 39	M.GIRINATHAN	"Effect of Continuous Training and Interval Training on Selected Physical Physiological and Biochemical Variables among College Level Boxers"	Dr I. Lilly Pushpam, Associate Professor, Department of Physical Education, TNPESU, Chennai - 127.	Dr. R. Kalidasan, Professor, Department of Physical Education, Bharathidasan University, Tiruchirappalli - 620024.	18.08.2021



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MINUTES

S. N	Reg No	Name of the Candidates	Title	Guide Name	Examiner	Date of Viva-voce
4	A14 03P EP MO 34	P. MADANA KUMAR	Efficacy of Isolated asana Pranayama and Suryanamaskar Training on Selected Physiological Bio-chemical and Psychomotor Ability Variables of College Men	Dr E Amuthan, Assistant Professor, SRMV, Maruthi College of Physical Education.SRK V (Po), Periyanaickenpalayam, Coimbatore - 641 020	Dr R. Kalidasan, Professor & Head, Department of Physical Education & Yoga Centre, Bharathidasan University, Tiruchirapalli - 620 024.	08.10.2021
5	A17 TP W1 14	VIKAS MALIK	"Design and Analysis of Sports Fitness Structures"	Dr. R Ramakrishnan Professor & Head, Department of Sports Technology, Tamil Nadu Physical Education and Sports University, Chennai -127	Dr M Pradeep Kumar, Professor, Department of Mechanical Engineering, College of Engineering, Guindy Campus, Anna University, Chennai - 25.	11.10.2021
6	A15 01S CP W0 72	SANDEEP MARTIN WARLIKAR	"Construction and Evaluation of Test and Norms on Selected Physical Fitness Parameters Among Different Topography of goal state school boys"	Dr. R Subramanian, Professor, Department of Sports Coaching, 19/c, Sastri Nagar, Koyambedu, Chennai -107	Dr N. Prem Kumar, Prof., Department of Physical Education, Annamalai University, Chidambaram - 608 002.	18.10.2021
7	A15 01S CP W0 72 FTS 02P EP MO 47	Y.Pavanya	"Combined and Isolated Effect of Yoga and Resistant Training on Selected Physical, Physiological and Psychological Variables among Post Partum Women"	Dr. K JOTHI, Asso. Prof., YMCA College of Physical Education, Chennai -35	Dr W. Vinu, Assistant Professor, Department of Physical Education, Annamalai University, Chidambaram - 608 002	22.10.2021
8	F18 01Y OF M1 31	S Vidhya Shankari	"Effect of Yogic Practices Integrated with Yoga Nidra and Trataka on Selected Risk Factors Among Women with Sleep Disorders"	Dr Selvalakshmi, Assistant Professor, Department of Yoga, TNPESU	Dr Kashinath G Metri, Asst. Professor, Dept., Yoga, Central University of Rajasthan, University Road, Rajasthan 305817	22.10.2021



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MINUTES

S. N	Reg No	Name of the Candidates	Title	Guide Name	Examiner	Date of Viva-voce
9	A14 01P EP MO 07	Elias I	Effect of Wall Ladder Exercises and Circuit Training on Selected Biomotor and Physiological Variables among School Level Male Football Players	Dr Grace Helina, Professor, Department of Exercise Physiology & Nutrition, TNPESU, Chennai – 127.	Dr P Vanithamani, Associate Professor, Dept. of Physical Education, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.	03.01.2022
10	A14 02P EP MO 29	T Sathees Kumar	Influence of Anaerobic Interval Training and Complex Training on Selected Biomotor Physiological and Performance Variables Among Hockey Players	Dr. E Simson Jesudass, Assistant Professor, YMC A College of Physical Education, Chennai – 35	Dr P. Johnson, Associate Professor & Head, Dept. of Physical Education, Health Education and Sports, Ayya Nadar Janaki Ammal College, Sivakasi 626124	10.01.2022
11	A15 02P EP W0 46	R KRISHNAKU MAR	Status Analysis of Selected Health Related Fitness Variables and Psychological Profiles Among Engineering College Men	Dr. K JOTHI, Associate Professor, YMC A College of Physical Education, Chennai – 35	Dr Maniazhagu, Associate Professor, Department of Physical Education, Alagappa University, Karaikudi	11.01.2022
12	A14 02P EP MO 28	V Sujitha	Effect of Land Based and Water Based Training on Selected Health Related Fitness And Physiological Variables among Middle Aged Women	Dr. E. Simson Jesudas, Assistant Professor, YMCA College of Physical Education, Chennai.	Dr Palanisamy, A. Professor, Department of Physical Education, Bharathidasan University, Tiruchirappaiii	20.01.2022
13	358	R Sudeepkumar	Study on anthropometric and Psychological Parameters in Relation to their Achievements of South-Zone Inter-University Volley Ball Players	Dr. K Murugavel, Senior Prof & Head, Dept., of Physical Education, Bharathiar University, Coimbatore	Dr M Rajashekarar Professor, Dept., of Physical Education, Annamalai University, Chidambaram	21.01.2022



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S. N	Reg No	Name of the Candidates	Title	Guide Name	Examiner	Date of Viva-voce
14	290	G. Meena	Effects of Resistance, Surya Namaskar & Combined Training with Natural Fat Reduction Supplementation on Selected Lipid and Metabolic Profile among Overweight School Children	Dr. R. Venkatesan, Asso., Prof., Dept. of Exercise Physiology & Biomechanics, TNPESU, Chennai	Dr Ch V.S.T. Saikumar, Principal, Maruthi CPE, Coimbatore	28.01.2022
15	A17 01Y OF M1 27	M Hemamalini	Effect Of Yogic Practices With And Without Diet Modifications On Selected Risk Factors Among Women With Oligomenorrhea	Dr. V Duraisami, Asso., Prof., & HOD i/c, Dept. of Yoga, TNPESU, Chennai - 127	Dr Mahaboobjan, Prof., Dept., of Physical Education, Bharathidasan University, Trichy	18.02.2022
16	313	D Joshua Edison	Isolated and combined Effect of Proprioceptive Neuromuscular Facilitation Technique and Suryanamaskar on Selected Physical and Physiological and Psychological Variables Among College Men"	Dr P. Gopinathan, Asst. Prof., (Retd), TNPESU, Chennai-127	Dr J Paul Jeeva Singh, Director of Physical Education & Sport, Ayya Nadar Janaki Ammal College, Sivakasi	24.02.2022
17	A17 01P EP M1 13	Irshad Hassan C	Analysis of psychological profile among Kerala youth soccer players in different playing positions	Dr K Kannadasan, Asst. Prof., Dept., of Sports Psychology and Sociology, TNPESU Chennai - 127	Dr Mahaboobjan, Prof., Dept., of Phys., Education, Bharathidasan University, Trichy	02.03.2022
18	298	G Thirumal	Effect of Asana Pranayama Meditation & Combined Practices on Health Related Phy., Fitness & Selected Psychological Variables among Old Aged Men	Dr M Rajkumar, Prof., Dept., of Physical Education, Bharathiar University, Coimbatore	Dr S Sethu, Assistant Professor, Dept., of Physical Education, Manonmaniam Sundaranar University, Tirunelveli	07.03.2022



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MINUTES

S. N	Reg No	Name of the Candidates	Title	Guide Name	Examiner	Date of Viva-voce
19	F18 01P EF M1 55	G Thennilavu	Effect of Fitness Training with and without Yogic Practices and Screen Time Control on Selected Health Related Physical Fitness and Psychological Variables Among Women with Poor Quality of Sleep	Dr. S Thirumalaikumar Professor, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127	Dr. Mahaboobjan Professor. Dept., of Physical Education and Yoga, Bharathidasan University, Tiruchirapalli	08.03.2022
20	374	Keshy Alexander Vaidyan	Comprehensive analysis of world alliance of YMCA towards promotion of physical education, sports and adventure camping	Dr.S.Thirumalaikumar, Professor, Dept., of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127	Dr P Anbalagan Professor, Department of Physical Education, Bharathiar University, Coimbatore	09.03.2022
21	311	S. Marimuthu Kumar	Analysis on Mental Skills of Basketball Players based factors of Gender Level of Participation and Geographical Conditions	Dr S T N Rajeshwaran, Professor, Department of Physical Education, Bharathiar University, Coimbatore	Dr Shanmugavalli, Associate Professor, Avinashilingam Institute for Home Science & Higher Education for Women, Coimbatore	09.03.2022
22	A14 01P EP M0 08	M Thilaka	Comparative Effects of Circuit Training and Aerobic Training with Game Specific Drills on Selected Physiological and Skill Performance variables of Female Basketball Players	Dr. (Mrs) Amsa Natarajan, Principal (Retd.), Sri Saradha College of Physical Education for Women, Salem	Dr Karthikeyan, Associate Professor, Department of Physical Education, Annamalai University, Chidambaram	10.03.2022



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MINUTES

S. N	Reg No	Name of the Candidates	Title	Guide Name	Examiner	Date of Viva-voce
23	196	E Jayasettiseelon	Effect of varied yogic practice on selected physiological and psychological variables of hypertensive patients	Dr. G Ravindran, Principal, Koviloor-Andavar College of Physical Education & Sports Science, Koviloor	Dr M Raja Shekaran, Prof., Dept., of Physical Education, Annamalai University, Chidambaram	11.03.2022
24	F14 01P EF M0 05	M Rajkumar	Analysis of Flat Service in Tennis	Dr P Rajini Kumar, Assistant Professor, Department of Physical Education, TNPESU, Chennai-127	Dr M Raja Shekaran, Professor, Department of Physical Education, Annamalai University, Chidambaram	11.03.2022
25	243	S. Chandramohan	Effects of Psychophysical Training of Psychomotor Abilities and Skill Performance of field Hockey Players	Dr S T N Rajeshwaran, Prof., Dept., of Physical Education, Bharathiar University, Coimbatore	Dr Venkatachalama n, Director, Periyar University, Salem	16.03.2022
26	245	T NambiSundaran	Construction of Psychological tool on Pre-competition Anxiety in Tamil Version	Dr Venkatachalam an, Director, Periyar University, Salem	Prof Jyothi Dharma Prakash, Professor, Kamataka State Akkamahadevi Women's University, Vijayawada	16.03.2022
27	F16 01P FP W0 79	C Dhanalakshmi	Impact of Resistance and Complex Training on Selected Skill Related Fitness and Physiological Components among women kabaddi players	Dr P K Senthil Kumar, Asso. Professor & HOD i/c, Dept., of Exercise Physiology & Biomechanics, TNPESU, Chennai-127	Dr S. Nagarajan, Prof., Alagappa University College of Physical Education, Alagappa University, Karaikudi	18.03.2022
28	F18 01P EF M1 54	M Moorthy	Effect of national cadets corps training & physical fitness training on selected anthropometric motor fitness and physiological variables among college ncc students	Dr. S Manikandan, Prof., & Head, Department of Physical Education, TNPESU	Dr G Kumaran, Associate Professor, Annamalai University, Chidambaram	21.03.2022



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MINUTES

S. N	Reg No	Name of the Candidates	Title	Guide Name	Examiner	Date of Viva-voce
29	F19 01P EF M1 75	M Prasanna	Effect of high intensity game specific training with and without balanced diet on selected physiological and skill performance variables among football players	Dr S Manikandan, Professor & Head, Department of Physical Education, TNP ESU, Chennai-127	Dr Muralirajan, Professor, Alagappa University, Karaikudi	21.03.2022
30	F18 02P EP M1 47	M Jayakumar	Efficacy on Specific Resistance Training Circuit Training and Combined Training on Selected Physical, Cardio Respiratory and Psychological Variables Among Badminton Players	Dr. Mahaboobjan, Prof., & Head, Bharathidasan University, Trichy	Prof G Sarah Sarojini, Asso., Prof., & Head, Sri Padmavathi Mahila, Tirupati.	22.03.2022
31	A17 01S CP M1 07	V. Selvam	Prediction of Swimming Performance on Selected Anthropometrical Physical Physiological Biomechanical and Psychological Variables Among Indian Male Swimmers	Dr. Subramanian, Prof (Retd), Tamil Nadu Physical Education and Sports University, Chennai - 127	Dr. M. Rajasekaran, Director, Physical Education, Annamalai University, Chidambaram	25.03.2022
32	205	S Balaganesh	Construction of Norms for Selected Skills for Engineering College Men Hockey Players in Tamil Nadu	Dr J P Sukumar, DPE (Retd.) Anna University, 5/2, 4 <sup>th</sup> Street, Railway Colony, Amjkarai, Chennai-29	Dr D Maniazhagu, Asso. Professor, Department of Physical Education, Alagappa University, Karaikudi	31.03.2022
33	F19 02P EF M1 68	R Santhosh	Effect of different Types of Physical Activities on Selected Motor Fitness Health Related Fitness And Physiological Variables Of Chennai Slum Students	Dr S Abraham Davidson, Assistant Professor, YMC A College of Physical Education, Chennai-35	Dr. Mahaboobjan, Professor & Head, Bharathidasan University, Trichy	04.04.2022



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54<sup>th</sup> Syndicate Meeting - 20.05.2022 (Friday) - 03.00 p.m.

MINUTES

S. N	Reg No	Name of the Candidates	Title	Guide Name	Examiner	Date of Viva-voce
34	A17 02P EF M1 26	S Vasanth Kumar	influence of Small sided Football Training on Related Physiological Psychological and Performance Variables Among Slum Children	Dr Gladly Kirubakar, Assistant Professor, YMC A College of Physical Education, Chennai	Dr S Saroja, Associate Professor, Alagappa University, Karaikudi	11.04.2022
35	402	S Purushothaman	Effect of different Intensities of Aerobic Exercise on Selected Physiological and Cardiac Risk Factor Among Diabetic Patients	Dr N Bright Selva Kumar, Principal/ Research Guide, Christian College of Physical Education, Nagercoil -3.	Dr M Rajkumar, Professor, Department of Physical Education, Bharathiar University, Coimbatore	12.04.2022
36	A15 02P EP M0 52	S Tamilmani	Effect of Different Strength Training on Selected Physiological Hematological and Performance variables among Engineering College Kabaddi Players	Dr Gladly Kirubakar, Asst. Professor, YMC A College of Physical Education, Chennai	Dr G Vasanthi, Prof & Head, Pondicherry University, Pondicherry	13.04.2022
37	F17 01P EP M1 12	Sangeetha K	Impact of SAQ Training with and without Mental Rehearsal Technique on Selected Psychomotor Psychological and Game Skill Variables Among Women Basketball Players	Dr .K Kannadasan, Assistant Professor, Department of Sports Psychology and Sociology, TNPESTI	Dr. K. Murali Rajan, Dept of Physical Education, Alagappa University, Karaikudi	18.04.2022
38	F18 02P EP M1 45	K Maya	Analysis of Social Physique Anxiety and Personality Traits of Women Involved in Different Levels of Physical Training	Dr J Glory Darling Margaret, Assistant Professor, YMCA College of Physical Education, Chennai.	Dr K Usha Rani, Professor, Department of Physical Education, Alagappa University, Karaikudi	25.04.2022

**Resolution:**

Resolved to approve the same.



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்  
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

(Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)

Accredited with "B" Grade by NAAC

Phone No :044-27477906

Website : www.tnpesu.org

Email : regtnpesu@gmail.com

Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai – 600 127. Tamil Nadu.

Syndicate Circulation Agenda - March 2023

MINUTES

Item No - 2

To consider and approve the award of Doctor of Philosophy (Ph.D.,) Degree of various departments of Tamil Nadu Physical Education and Sports University based on their performance in the Public Viva-Voce and online Viva-voce Examination held on various dates as recommended by the External Examiners and Research Supervisor (Guide).

S. N	Reg No	Name of the Candidates	Title	Guide Name	Date of Viva-voce & Result
1	F16 01 PEW 077	Nagamani Bokkasam	Effect of Plyometric and Circuit Training on Selected Physical Psychological and Skill related Performance Variables among Engineering College Volleyball Players	Dr.Lilly Pushpam Isaac, Associate Professor, Department of Physical Education, TNPESU, Chennai.	21.04.2022
2	F160 ISC PM088	S. Manoharan	Prediction of Hockey Playing Ability on Selected Physical Fitness Physiological and Psychological Variables Among Sai Southern State Hockey Players	Dr C Arumugam, Assistant Professor, Department of Sports Coaching, TNPESU, Chennai.	29.04.2022
3	F1504P EFM04 8	Jenefa Samuel	Effect of Game Specific Fitness Training Associated with Plyometric and Resistance Training on Selected Motor Fitness Variables and Playing Ability among Football Players	Dr R Thanalakshmi, Asso. Prof., Dr Sivanthi Aditanar College of Physical Education, Tiruchendur	29.04.2022





தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலை  
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Syndicate Circulation Agenda - March 2023

MINUTES

4	A150 2PE PM055	R Rajesh William	Effect of Unilateral Bilateral and Combined Plyometric Training on Neuromuscular Physiological and Performance variables among Engineering College Football Players	DrGlady Kirubakar, Assistant Professor, YMCA College of Physical Education, Chennai	05.05.2022
5	139	N Muthuvenkata Subramanian	Ageing Health and Physical Activities a Sociological Study	Dr.V Mangaiyarkarasi, Professor, Dept., of Sports Management & Sports Psychology & Sociology, TNPESU	06.05.2022
6	A170 YOP 124	S Ananthan Pillai	Effect of Yogic Practices with and without diet Modifications on Selected Risk Factors Among Men with and ropause	Dr V Duraisami, Associate Professor & HOD i/c, Department of Yoga, TNPESU Chennai	18.05.2022
7	A160 PEP M097	L Sasikumar	Effect of Varied Capsules of Fitness Training on Selected Physical, Physiological, Psychological Skill Perform Variables Among College Level Men Handball Players	Dr R Subramanian, Professor (Retd) Tamil Nadu Physical Education and Sports University, Chennai-127	19.05.2022
8	A1701S MFW12 2	Madhu Sudhan Subedi	Status of Governace in National Sports Federations: a Study with Reference to India	Dr.S. Premkumar, Professor, Dept., of Sports Management, Tamil Nadu Physical Education and Sports University, Chennai- 127	17.06.2022
9	305	C Ligi Ezbilarasi	Comparative Effect of Resistance Training and Core Training on Motor Fitness and Physiological Variables Among College Women Students	Dr. Bevinson Perinbaraj, Principal (Retd), Dr.Sivanthi Aditanar College of Physical Education, Tiruchendur.	21.06.2022

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தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்  
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Syndicate Circulation Agenda - March 2023

MINUTES

10	A19 01P FM 185	V Keerthana	Health and Fitness Status of non-physical Education College Women Students and Intervention of Fitness & Recreational Programme on Selected Fitness Physiological and Psychological Parameters	Dr .P Kumaravelu, Associate Professor, Dept., of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127	20.07.2022
11	F180 1PEP M156	K S Haris Babu	Effect of Aqua Endurance Training and Aqua Strength Training on Selected Motor Fitness and Physiological Variables Among College Level Athletes	Dr S Manikandan, Professor & HOD, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai	21.07.2022
12	F16 01P EPW 083	Shihabudheen. Paikarathodi	Influence of Plyometric Aerobic and Resistance Training on Selected Motor Fitness Components, Physiological and Biochemical Variables Among College Level Male Soccer Players of Kerala	Dr I Lilly Pushpam, Associate Professor, Dept of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127	03.08.2022
13	F18 01P EFM 152	Sathish Kumari H	Status Analysis of Physical and Social Vulnerability of Coastal Area Childred and Intervention of Physical Education Programme with and without Hatha Yoga Practices on Selected Health Related Fitness and Phycho Social Variables	Dr S Thirumalaikumar, Professor, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai	08.08.2022
14	F18 01S TPW 114	N Nithya	Machine Learning Model For Analysing The Movement Of Cricket Player And Monitoring The Biometric Data	Dr G Nallavan, Asso. Prof., Dep., of Sports Technology, TNPESU Chennai-127	16.08.2022

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தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலை  
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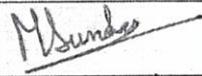
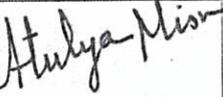
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Syndicate Circulation Agenda - March 2023

MINUTES

15	317	T Bharathi	Effects Of Aerobic Rhythmic Exercise And Weight Training On Selected Physiological Haemotological And Kinanthropometric Variables Among College Men Obese Students	Dr N Bright Selva Kumar, Principal, Christian College of Physical Education, Nagercoil, Kanyakumari District	18.08.2022
16	A170 SPEFM 125	N. Ramesh	Effect of Specific Handball Training at Different Preparatory Phases on Motor Fitness Physiological and Skill Performance Variable of Inter Collegiate Players	Dr. G. Ravindran, Principal, Koviloor Anadavar College of Physical Education & Sports Science, Koviloor	05.01.2023
17	F180 SPEFM 142	T. Ranjith	Analysis of Factors Associated with Performance of League Qualified and Non Qualified Handball Teams	Dr. G. Ravindran, Principal, Koviloor Anadavar College of Physical Education & Sports Science, Koviloor	28.02.2023

S.NO	NAME OF THE MEMBERS	SIGNAURE
1	The Vice-Chancellor, TN PESU	
2	The Additional Chief Secretary to Government, Youth Welfare and Sports Development Department, Secretariat, Chennai – 09	





Dr.R. Ramakrishnan

Registrar i/c.,

56<sup>th</sup> Syndicate Meeting - 28.11.2023 (Tuesday) - 11.30 a.m.

MINUTES

Resolved to approve the Minutes of the 20<sup>th</sup> Academic Council Meeting of Tamil Nadu Physical Education and Sports University which was held on 04.08.2023 (Friday) by 02.00 p.m. in the Conference Hall, Jawaharlal Nehru Stadium, Chennai.

AGENDA NO. -8

To consider and approve the award of Doctor of Philosophy (Ph.D.,) Degree of various departments of Tamil Nadu Physical Education and Sports University based on their performance in the Public Viva-Voce Examination held on date as mentioned below recommended by the External Examiners and Research Supervisor (Guide).

S. N	Reg No	Name of the Candidates	Title	Guide Name	Examiner	Date of Viva-voce
1	F1801 PEFM157	APPU T	Effect of Sports Training with and without Yogic Practices on selected Health and Psychological variables among Men Students	Dr.S.Manikandan Prof. & Head, Dept. of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127	Prof. Rajesh Kumar, Principal & Head, Osmania University, Hyderabad	21.04.2023
2	F1801 PEFM133	ShaikShams hadBegam	Effect of Varied Intensities of Aerobic Exercises with MoniHurdle Training on Endurance and Power Parameters of Field Hockey Players	Dr Ch V S T Saikumar, Principal (Retd., SRMV Maruthi College of Physical Education, Coimbatore	Dr V Gopinath, Professor,Dept., of Physical Education, Annamalai University, Chidambaram	30.06.2023
3	F1605	S Sathakkutti	Analysis of Team	Dr G Ravindhran,	Dr.KMuralirajan,	13.07.2023



தமிழ்நாடு உடற்கலவியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்  
**TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY**  
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**Dr.R. Ramakrishnan**

Registrar i/c.,

56<sup>th</sup> Syndicate Meeting - 28.11.2023 (Tuesday) - 11.30 a.m.

MINUTES

	PEPM 106		and Individual Performance in Pro Kabaddi League Season 6	Principal, Koviloor Andavar College of Physical Education & Sports Science, Koviloor	Professor, Alagappa University, Karaikudi	
4	F1801YO PM135	C Ganesan	Effect of Yogic Practices Supplemented with Mantra Chanting on Selected Behavioural Parameters Among Children from Divided Families	Dr.SSelvalakshmi, Asso. Professor, Department of Yoga, Tamil Nadu Physical Education and Sports University, Chennai-127	Dr Mahaboobjan, Professor, Bharathidasan University, Trichy	01.09.2023
5	F1801PE FM153	R Mayildevi	Analysis of Selected Psychological Profiles of Women Hockey Players with Various Levels of Participation	Dr S Manikandan, Professor & Head, Dept., of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127	Dr Wise Blessed Singh, Associate Professor, Annamalai University, Chidambaram.	12.09.2023
6	F1702P EPM110	I Diravia Gladina	Efficacy of Aerobics and Aquatic Training on Selected Health Related Physical Fitness and Psychological Variables Among Working Women	Dr J Jackson Sutharsingh, Associate Professor, YMCA College of Physical Education, Chennai	Dr R Kalidasan, Professor & Head, Bharathidasan University, Tiruchirapalli Cell: 9442525773 Mail: kalidasanbdu@gmail.com2	22.09.2023
7	F1602PE PM094	Immaculate Steffy A	Impact of Various Small Sided Games with and without Ball Practices on Selected Physiological and Skill Related Performance Variables of Women Soccer Players	Dr Glory Darling Margaret, Assistant Professor, YMCA College of Physical Education, Chennai.	Prof K Usha Rani, Professor, Alagappa University, Karaikudi Cell: 948644191 Email: dr.k.usharani@gmail.com	25.09.2023
8	A1503P EPM060	S Saminathan	Effect of Varied Packages of Aerobic Dance Own Body Resistance Training and Swiss Ball Exercises on Selected Health Related Physical	Dr E Amudhan, Associate Professor, Maruthi CPE, Coimbatore Email: elzhilamudhan@gmail.com	Dr M Rajkumar, Professor, Bharathiar University, Coimbatore Cell: vikasrajkumar18@gmail.com	27.09.2023



தமிழ்நாடு உடற்கலவையியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்  
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**Dr.R. Ramakrishnan**

Registrar i/c.,

56<sup>th</sup> Syndicate Meeting - 28.11.2023 (Tuesday) - 11.30 a.m.

MINUTES

			Fitness Body Composition and Anthropometric Variables of Overweight School Boys			
9	F1901PE FM188	MuthanDeenan	Analysis of Formation in Team Composition Position of Play Attacking and Defensive System in state Level Volleyball Tournament	Dr P Kumaravelu, Asso., Professor, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127	Dr G Kumaran, Associate Professor, Annamalai University, Chidambaram Cell: 9443494893 Mail:gkumaran1972@gmail.com	29.09.2023

**RESOLUTION:**

Resolved to approve the same.

**AGENDA NO. -9**

To consider and approve the adoption of Tamil Nadu Civil Services [Appointment on Compassionate Grounds] Rules 2023, to provide compassionate ground appointment to the legal heirs of the deceased / medically invalidated Government servants including adoption of G.O. Ms. No - 33, dated - 08.03.2023, Labour Welfare and Skill Development [Q1] Department

**RESOLUTION:**

Resolved to adopt the same. Further it was resolved to include compassionate ground appointment to the legal heirs of the deceased / medically invalidated University staffs.

Registrar  
Tamilnadu Physical Education  
and  
Sports University  
Chennai - 600 127.